



The Cow Shed Menu

BREAKFAST

Full English breakfast £12

3 chipolatas, 3 rashers streaky bacon, tomato, mushrooms, beans, sourdough toast with 2 eggs either scrambled, fried or poached - Gluten free bread and dairy free butter available

Allotment breakfast £12

Vine tomatoes, mushrooms avocado, with 2 eggs with scrambled, fried or poached on sourdough toast - Gluten free bread and dairy free butter available

Mushrooms on sourdough £8

Gluten free bread and dairy free butter available

Eggs on sourdough £8

Eggs either scrambled, fried or poached. Gluten free bread and dairy free butter available

Cheese and ham croissant £7

Granola and Greek yoghurt £7

Honey or fruit compote

Bacon bap £7

OPEN SOURDOUGH, TOASTIES, SALAD OR BAPS

(All served with a side salad of mixed salad leaves, fresh tomato, cucumber, pepper, capers, olives with a balsamic dressing)

Tomato mozzarella and basil

Fresh tomatoes, balled mozzarella and basil pesto. Gluten free bread available

Eat in £10 Take away £8

Chicken and bacon

Chicken and bacon mixed with mayonnaise. Gluten free bread available

Eat in £10 Take away £8

Hummus and beetroot

Gluten free bread available

Eat in £10 Take away £8

Tuna melt

Tuna mayonnaise mix with cheese. Gluten free bread available

Eat in £10 Take away £8

Cheese and ham or chutney

Tuna mayonnaise mix with cheese. Gluten free bread available

Eat in £10 Take away £8

Brie bacon and cranberry

Gluten free bread available

Eat in £10 Take away £8

BLT

Gluten free bread available

Eat in £10 Take away £8

Take away meal deal: any bap, crisps and drink for £10

JACKET POTATOS

with salad

Tomato mozzarella and basil

Chicken and bacon with mayo

Hummus and beetroot

Tuna and cheese

Cheese and beans or chutney

Brie bacon and cranberry

ADD ONS

Coleslaw £2 | Avocado £2



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SPECIALS

Hummus platter £10
Hummus, olives, carrots, cucumber and pitta bread

Soup with crusty roll £8
Gluten free bread and dairy free butter available

Cheese scone ploughman's £10
Cheese scone, butter, brie, cheddar cheese, cucumber, tomato, olives, chutney and apple

CHILDREN'S

All dishes half portion, half price

Children's nibble platter Cheddar cheese, raisins, bread sticks, apple, cucumber, ham £6

DRINKS

All drinks can be served with semi skimmed milk, whole milk, oat milk or soya milk

Cappuccino £3.50

Flat White £3.50

Latte £3.50

Espresso £3.50

Americano £3.50

Latte Macchiato £3.50

English Breakfast Tea £3

Early Grey £3

Fruit Infusion £3

Peppermint £3

Hot Chocolate £3.50

Luxury Hot Chocolate £4
Hot chocolate with whipped cream and marshmallows

SMOOTHIES

Immune £6
orange juice, carrot, apple and ginger

Protein £6
raspberry, strawberries, blueberries, yogurt, oats and apple juice

Energiser- £6
mango, pineapple and orange juice

CAKES

Banana Bread £4

Brownie £4

Moo bars £4

Scone £4

Croissant with butter and jam £4

Chocolate croissant £4

Cupcake £2

Coffee and Cake deal £6

LUXURY MILKSHAKE

Strawberry £5
Frozen strawberries, homemade ice-cream, milk, whipped cream and strawberry sauce- dairy free ice-cream and milk available

Chocolate £5
Choco treat, homemade ice-cream, milk and whipped cream- dairy free ice-cream and milk available

Vanilla £5
homemade ice-cream, milk and whipped cream- dairy free ice-cream and milk available

Banana £5
frozen bananas, homemade ice-cream, milk and whipped cream- dairy free ice-cream and milk available

Please make us aware of any allergies and/or intolerances before you order